

Experience the coastal fresh water and saline marshes with pools, reed beds, accessible paths and hides. No need to be an expert birdwatcher either with helpful volunteers to advise and enthuse.

Ideal site for enthusiasts to novices and youngsters looking for a fascinating introduction to the natural world with activities like guided birdwatching, pond dipping for children and photography workshops are among a range of activities and events held through the year at Titchwell. Family adventure backpacks, binoculars and two manual wheelchairs are available to hire and you try and buy optics from the RSPB information shop which also has a wide range of other merchandise.

A café provides refreshments with seating inside and out including high chairs in café. All areas buggy accessible with the Fen hide ideal for families in that is nearest the visitor centre and very child orientated and accessible.

At the end of the West Bank footpath is the beach complete with viewing platform, ask at the visitor centre as to current accessibility though as windblown sand, high tides etc can make conditions and access variable.

To make the most of your visit check out the information on the RSPB Titchwell Marsh website page and on-site at the visitor centre and information boards around the reserve.

Walks for all Titchwell Marsh

Walks for all are a selection of easy access walks that aim to provide the opportunity to experience the Norfolk Coast Area of Outstanding Natural Beauty for everyone including the less able, wheelchair users and families with buggies.

Suitability checklist

Distance: West Bank path approx .7m (1km), Fen trail .5m (700km)

Accessibility: Disabled parking, level access path to visitor centre, trails mostly boardwalks, rolled sand/gravel. Parrinder hides fully accessible.

Gates and barriers: None on this section however, doors to hides with ramp or slope access and mix of large windows and viewing slots.

Facilities: Disabled toilet, baby changing facilities only at main visitor car park. Visitor centre / shop, café, bird hides and trails. Two wheelchairs.

Seats: At viewpoints, alongside path, around main visitor area and picnic area, inside bird viewing hides

Planning your visit: North Norfolk coast east of Hunstanton

Map Ref: TF 750438 Postcode: PE31 8BB

Open: Site open all year, visitor centre & café daily except Christmas and Boxing days. Parking charge to non-RSPB

Public transport: Coasthopper bus stop at entrance

By bike: Norfolk Coast Cycleway near; Walking: Norfolk Coast Path

National Trail nearby.

Dogs: No - except along West Bank public footpath (on leads)

Site contact: RSPB, T: 01485 210779, E: titchwell@rspb.org.uk,

www.rspb.org.uk/titchwell

Walk instructions

1. The Fen Hide. Follow the Fen Hide / Meadow Trail signs directly behind the visitor centre. Compacted surface and netting covered boardwalks with kicking board an hand rails to raised sections. 250m path is sheltered by trees and scrub with passing places and seat. Access ramp about 1:30 into older style hide with views over reedbeds and ideal for families as child and wheelchair friendly. Viewing hatch mechanisms easy to use, swivel stools and a painted interpretive walls and ceiling along with a large low table with activity sheets, crayons, puzzles etc.

Explore more . . . As you return towards the start take the Meadow Trail for a circular route along a raised boardwalk with viewing platforms over the dragonfly ponds then onto a surfaced section before joining the main footpath (left for visitor centre, right for other hides and beach).

The West Bank footpath has wide level surface, a raised embankment along its western edge may restrict visibility across adjoining marshes to some wheelchair and buggy users. A number of seats are recessed off the path with space alongside overlooking the reserve.

- **2.** The Island hide is accessible for wheelchairs and pushchairs. About 300m from the visitor centre, accessed down a gentle, wide slope, then a short boardwalk before compacted material. Hide has two entrances, reasonable space inside, wood viewing hatches, seating with space around, bench and large picture window provides unhindered view across lagoon.
- **3. The Parrinder hide** is state of the art, accessed along a gently sloping, drained, compact hoggin path between built up embankments. Width about 1.5m (60inches) at its base the path exits onto a large concrete apron area outside the hides. In two sections, the upper hide overlooking the area being allowed to become inundated with salt water and the lower hide in the form of two rooms overlooks the island lagoon. Access to the lower hide is via gentle slopes or steps, both accessible and roomy.

RSPB Titchwell Marsh nature reserve

Visibility out across the reserve through windows is excellent, the bottom section lowered by a handle on the viewing bench to required height, top in the form of a flap via a simple blind type cord control. Seating is of freestanding adjustable stool type.

The Beach. The West Bank footpath continues to another low bank, surface is less smooth an wide to a raised boardwalk through towards the sand dunes and access to the beach and viewing platform. This final section through soft sand is subject to changing conditions and access for some users will often be restrictive so prior advice should be sought from the site staff at the visitor centre.



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The Norfolk Coast Area of Outstanding Natural Beauty (AONB) is one of 46 AONBs in the UK, which together with 15 National Parks comprise our finest landscapes, rich in wildlife and cultural heritage.

Along the way . . .



Titchwell car park and toilets



Fascinating information to interest young visitors



Interpretation panels at rear of visitor centre



Entrance to Fen Hide



Fen Hide with murals and children's area



Viewing platform on the Meadow Trail and Fen Hide loop



Boardwalks have netting cover and a low kick board to edge



Paths are maintained to a good standard



Main footpath to beach along western side of reserve has been recently upgraded

Along the way . . .



Path down to Island Hide



Interpretation panels outside of the hides



Easy access viewing hatch operation



Entrance path to new Parrinder hides



Options of gentle slopes or steps between hides which are at different heights with excellent views



Access to the beach viewing platform through the dunes can vary



Path is enclosed to shield the wildlife from disturbance but is drained well



Hide interior



Beach platform is subject to weather conditions