



Something for everyone. Magnificent rhododendron and azalea collections and lovely views of the coast feature in this spectacular parkland designed by Humphrey Repton, a renowned landscape gardener of the early 1800's.

Sheringham Park facilities include a courtyard café providing hot and cold drinks, refreshments to take away, an exhibition in the barn that explains the past and wildlife of Sheringham Park in a way ideal for children and families. The information centre shop has a range of guides and other National Trust merchandise. For visitors with disabilities the reception provide hearing loops, large print version of map and braille guides.

Something for everyone whether a short easy walk, a full days walk and for the adventurous exploring the paths, climbing the viewing towers for a panoramic view of the rhododendrons and woods and then there is the gazebo viewing tower that's worth the 40 hillside steps and 60 tower stairs!

To make the most of your visit check out the information on the National Trust Sheringham Park website page www.nationaltrust.org.uk/sheringham-park before you visit or on-site visit the information desk and information boards. There are four waymarked routes and the park hosts a variety of events during the year.

Walks for all Sheringham Park

Walks for all are a selection of easy access walks that aim to provide the opportunity to experience the Norfolk Coast Area of Outstanding Natural Beauty for everyone including the less able, wheelchair users and families with buggies.

Suitability checklist

Distance: from half mile (750m) for wheelchair accessible route and varied if also exploring the Bower garden, estate road to or into parkland.

Accessibility: Wheelchair, buggy friendly on surfaced path with gentle inclines along the estate road, additional varied inclines down into parkland.

Gates and barriers: None on wheelchair accessible route. Gate into Bower garden, side access gate at cattle grids in park.

Facilities: Disabled toilets / baby changing facilities only at main visitor building; café, shop.

Seats: Selection around the park.

Planning your visit: Signed at the B1157 Upper Sheringham junction on A148 between Holt (six miles) and Cromer (five miles). Map Ref: 133:TG135420 Postcode: NR26 8TL

Open: Parkland all year. Parking charge to non-National Trust members.

Public transport: Request stop near entrance (Sanders Coaches).

By bike: Norfolk Coast Cycleway nearby; **Walking:** Norfolk Coast Path along southern clifftop boundary, some other footpaths through estate.

Dogs: Under control most areas, on leads around visitor facilities and where cattle grazing; restricted areas clearly signed. No dogs allowed in Bower garden.

Site contact: National Trust 01263 820550, www.nationaltrust.org.uk

Walk instructions

The main estate drive forms the basis for the waymarked routes (blue and white dotted) and is suitable for all users. The wheelchair route (yellow and red dotted) is about half-a-mile.

Join the main drive from outside the visitor centre, this road is traffic free after the barrier. This surfaced road is a good width with undulations and gentle cambers to the edges.

After a short distance there is a disabled route sign to the right. This woodland path is surfaced and quite level although is subject to a covering of leaf litter. There are a few seats alongside and viewing gaps out towards over the coast to the sea and the route culminates in a large circular viewing area with seating and views across the parkland to the coast. Wheelchair and buggy users will need to return back along the path to the main estate road as the path drops steeply through the woods to a grazing field on route to the Temple.

Back onto the estate road and as you continue further into the park there are a number of paths and tracks off although they are not described as wheelchair accessible.

Explore more . . . Recommended is the Bower garden which can be found opposite the wheelchair route sign. This is a dog free area, very accessible with plenty of interest for children and adults alike. Don't miss looking at the sculptures and the wild meadow flowers.

Extending your walk

The estate road continues for a few hundred metres gently undulating its way before exiting to fine open views across the parkland towards the Hall and coast beyond. The road descends more steeply now until you reach a cattle grid into the parkland. Use the gate to the side and continue across the park towards the hall.

National Trust Sheringham Park

At the junction the road to your right leads to Upper Sheringham village, in front of you is the private Sheringham Hall and to your left a track signed to the Gazebo. The road to Upper Sheringham entrance is part of blue dashed 3 mile route for battery powered vehicles (alternatively termed PMVs) and wheelchairs.

This is an ideal way of experiencing the parkland with all cattle grids easily bypassed through a side gate.

Return to the visitor centre for wheelchair users is back the way you came. For the more active following one of the walking trails then simply follow your guide map.



The Norfolk Coast Area of Outstanding Natural Beauty (AONB) is one of 46 AONBs in England and Wales, which together with 15 National Parks comprise our finest landscapes, rich in wildlife and cultural heritage.

Along the way . . .



Mobility vehicles can be borrowed and a accessible route map provided



Car parking for disabled visitors



Start of walks from the visitor entrance



Easy to access Sheringham Park and enjoy



Shelter along main path through to parkland



Path undulates gently down through the woodland towards the parkland



Wheelchair trail in autumn



Seats on Wheelchair woodland trail



View from end of Wheelchair woodland trail

Exploring further . . .



Entrance gate into the Bower Garden (dog free zone)



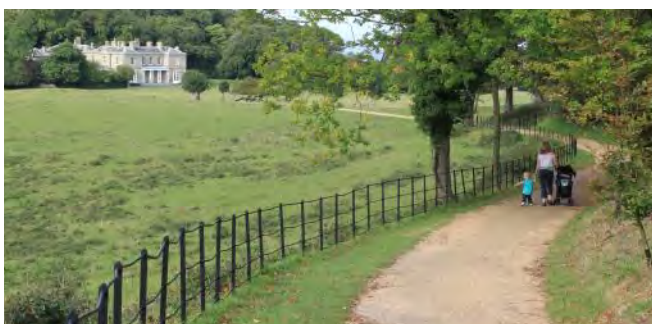
The Bower gardens excursion is recommended



The Bower structure



Inside the Bower Gardens



The estate road drops down to the parkland via a moderate incline



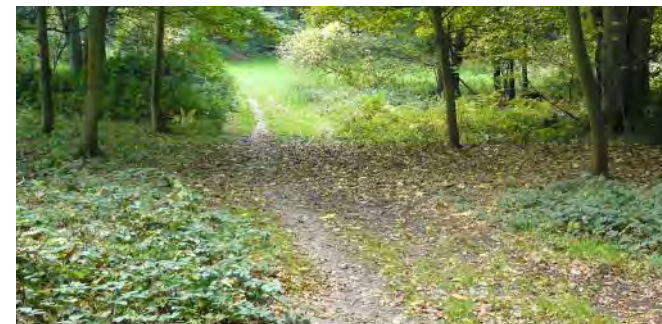
Access into the parkland via cattle grid or side access gate



The estate road from Hall Farm is wide and level



The yellow trail continuing from the wheelchair trail is definitely not suited to wheeled transport!



Trails like the woodland walk will not suit wheelchair users